

WORLD ELDER ABUSE AWARENESS DAY

10 TIPS TO BE KIND AND STOP ELDER ABUSE

- 1 Love and cherish your older relatives / whānau.
- 2 Phone, zoom or facetime older people / kaumātua.
- 3 Visit older people / kaumātua in your neighbourhood.
- 4 Involve older people / kaumātua in your social activities.
- 5 Encourage older people / kaumātua to make their own decisions.
- 6 Support older people / kaumātua to use their money for their needs.
- 7 Honour older people's / kaumātua's wisdom.
- 8 Enable older people / kaumātua to set their own pace.
- 9 Speak respectfully and listen to older people's / kaumātua's stories.
- 10 Seek advice from any Elder Abuse Service or Age Concern if you think an older person / kaumātua is being abused or neglected.



ELDER ABUSE HITS CLOSE TO HOME

If you or someone you know needs support contact an Age Concern or the Elder Abuse Help Line?



Elder Abuse Help Line
0800 EA NOT OK

Free Phone Age Concern
0800 65 2 105

ageconcern.org.nz

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World Elder Abuse
Awareness Day
15 June



Serving the needs of older people